

# NDIS Checklist

## Initial Planning Conversation

When preparing for your Initial Planning Conversation with the National Disability Insurance Agency (NDIA), consider whether you currently receive or will need any of the following:

Area	Service
<b>Daily Activities</b>	<input type="checkbox"/> Showering, dressing, and hair care
	<input type="checkbox"/> Household tasks including cleaning and laundry
	<input type="checkbox"/> Meal planning and cooking
	<input type="checkbox"/> Garden care
<b>Transport</b>	<input type="checkbox"/> Transport around your community
<b>Social, Community and Civic Participation</b>	<input type="checkbox"/> Support to attend clubs, groups, a centre and leisure activities
	<input type="checkbox"/> Support with hobbies and interests
	<input type="checkbox"/> Support with shopping and accessing local centres
	<input type="checkbox"/> Assistance with skill-building in groups or one-on-one
<b>Respite care</b>	<input type="checkbox"/> Home or centre based respite; including overnight arrangements
<b>Assistive technology, aids and equipment</b> List all items that are provided or serviced by Medical Aids Subsidy Scheme (Qld) (MASS) or privately funded	<input type="checkbox"/> Wheelchair and mobility equipment
	<input type="checkbox"/> Household aids including cutlery and crockery
	<input type="checkbox"/> Hearing aids and glasses
	<input type="checkbox"/> Continence aids
	<input type="checkbox"/> Personal care and safety aids and equipment
<b>Support Coordination</b>	<input type="checkbox"/> Finding the right providers or suppliers for your supports and equipment
<b>Community Nursing Care</b>	<input type="checkbox"/> Continence assessment, recommendation and education
	<input type="checkbox"/> Training and support with your clinical needs
<b>Dementia care</b>	<input type="checkbox"/> Dementia-specific services incl. participant memory and communication strategies; carer support
<b>Allied health</b>	<input type="checkbox"/> Therapeutic assessment & support, group therapy programs
<b>Plan management</b>	<input type="checkbox"/> Assistance to manage your NDIS plan budget

At your Planning Meeting, ensure you ask what your budget will be for each Support Category.

Ozcare can assist you to prepare for your initial planning session, and even be with you to support you during the call or meeting. Call us on 1800 Ozcare (1800 692 273).